



Team Challenge



About the activity

Working effectively as a team is an important life skill and we always make sure there are plenty of opportunities for developing good teamwork for your pupils. In our team challenge, your pupils can have a go at a series of high-profile challenges which will focus on trust, communication, leadership and cooperation. These may include the giant see-saw raft, a multi-dimensional web and a Mohawk walk.

Activity aims

The aim of this activity is to:

- Introduce the concept of teamwork challenges and the necessary equipment.
- Allow each participant to experience a series of physical challenges as part of a team.
- Encourage participants to set goals.
- Ensure participants support and encourage each other to achieve those goals.
- Provide an opportunity for participants to discuss what they have accomplished.

Progression opportunities

Some participants may also:

- Take the initiative in evaluating their performance and that of the group.

In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork
- Using initiative

Learning outcomes

Upon completion of the activity, participants will have:

- Demonstrated different ways to approach problems and challenges and identified some of the issues relevant to working as part of a team
- Used specialist equipment and PPE, understanding its purpose and name.
- Demonstrated the ability to listen to, understand and act on instructions received.
- Supported their peers throughout the activity and recognised achievements.
- Developed an understanding of associated hazards, been able to assess risks and understood how these may be controlled.
- Contributed to a post-activity review led by the instructor identifying what they did well and then suggested ways to improve.

Associated vocabulary

Words relevant to safety	e.g. hazard, personal protective equipment, risk assessment, safety area.
Words relevant to equipment	e.g. ropes, pole, see-saw, cones, platform.
Words relevant to the activity	e.g. balance, problem, initiative, challenges, climbing, running, crawling.
Words relevant to teamwork	e.g. achievement, communication, encouragement, listening, participation, review, support, trust.